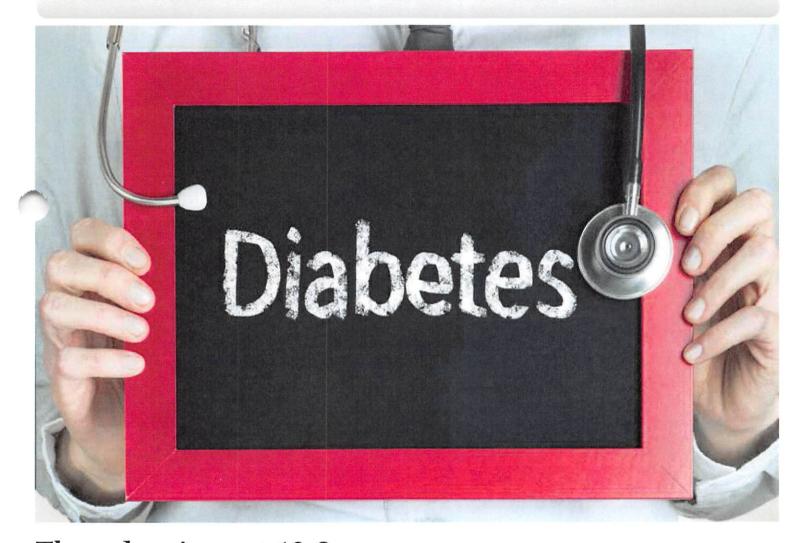


# Certified Diabetic Educator®

## **CDE® CERTIFICATION PREP COURSE**



Thursday, August 13 & Friday, August 14, 2015
a.m. - 4:45 p.m. Both Days

SR-AHEC, Gerald A. Strand CE Auditorium 1601 Owen Drive, Fayetteville, NC 28304



### **Who Should Attend?**

Registered nurses, pharmacists, dietitians, clinical psychologists, occupational therapists, optometrists, physician assistants, exercise physiologists (certified ACSM), podiatrists, and health care professionals with a master's degrees or higher in social work who are interested in learning more about diabetes and sitting for the certification am to become Certified Diabetic Educators. According to the NCBDE a "CDE" is a medical/health care professional who possesses comprehensive knowledge of and experience in diabetes management, pre-diabetes, and diabetes prevention. A CDE promotes self-management to achieve individualized behavior and treatment goals that optimize healthy outcomes." Certification is valid for a period of five years.

### Who Qualifies to Take the Exam?

Individuals who have job responsibilities that include the direct provision of diabetes self-management education qualify to take the exam. For specific information about eligibility please visit the NCBDE website at www.ncbde.org. To be eligible to sit for an exam, the application deadline is March 15, 2015. The examination is offered through computer testing at over 170 sites throughout the United States.

## **Objectives**

Upon completion of this knowledge-based program, participants will be able to:

- Prepare to take the certification exam;
- Assess learning and self-care behaviors;
- Examine the psycho-socioeconomic and mental health issues;
- Identify strategies for enhancing collaboration, compliance, and counseling;
- Describe complications of non-compliance: chronic and acute;
- Review special documentation requirements;
- Review pharmacologic management;
- Discuss implications for program development and management; and
- Review principles of nutrition and ADA guidelines.

## redit

CNE: 15.0 contact hours will be awarded to participants who attend 100% of this event.

Southern Regional AHEC: Department of Continuing Education is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

ACPE: 15 hours will be awarded to pharmacists who attend 100% of the program.

ACPE# 0046-9999-14-088-LO1-P Original Submission Date 8/14/2014

<u>CEU</u>: 1.5 hours will be awarded for attending 100% of the program.

#### In collaboration with UNC Eshelman School of Pharmacy.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Statements of credit will be uploaded to CPE Monitor within 4-6 weeks of completion of program. Participants will have access to print CE certificates from their CPE Profile under CPE Monitor.

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

Certified Diabetes Educator\* and CDE<sup>®</sup> are federally registered trademarks owned and controlled by the National Certification Board for Diabetes Educators (NCBDE). Southern Regional AHEC is not affiliated or endorsed by NCBDE. The NCBDE only accepts clock hour CEU credits from programs approved by providers on the NCBDE list of "Recognized Continuing Education Providers."

AGENDA					
Day 1 - Thursday, August 13		Day 2 - Friday, August 14			
8 a.m.	Introduction and Welcome -Why Are We Here?	8 a.m.	-Special Management Issues -Documentation		
	-Exam Information	9 a.m.	-Inpatient Management		
8:30 a.m.	Diabetes Medications		-Insulin Pump Management		
10:30 a.m.	Break & Vendors	10:30 a.m.	Break		
10:45 a.m.	Update on Diabetes: Pathophysiology & Types of Diabetes	10:45 a.m.	Sensor Management -Work Issues, Legal Issues & School Issues		
11:45 a.m.	Lunch (provided) & Exhibitors		-The Future of Diabetes Care and CDE®s		
12:30 p.m.	Interviewing the Patient, Obtaining	11:30 a.m.	Lunch (provided) & Exhibitors		
12.00 p.m.	Health History & Identifying Needs	12:15 p.m.	-Co-morbidities		
1:30 p.m.	Current Practice Treatment Guidelines &		-Medical & Surgical Treatments		
	Complications: Acute	2:15 p.m.	Break		
2:30 p.m.	Break	2:30 p.m.	Nutritional Management		
2:45 p.m.	Complications: Chronic		Program Development & Administration		
4:45 p.m.	Adjourn for the day	3:45 p.m.	Carb Counting		
		4:45 p.m.	Wrap up/Adjourn		

## aculty

Marilyn K. Wilson-Sherwin, MSN, RN, FNP, WOCN, CDE, diabetes care clinician, SR-AHEC, Fayetteville, NC

Jennifer Nazarchyk, Pharm.D., CDE, clinical pharmacy specialist, Veterans Affairs Medical Center, Fayetteville, NC

Melanie Dixon Nunn, MPH, RD, LDN, CDE, diabetes educator and clinical pump specialist, Greensboro, NC

#### Fee

\$300 for registration and payment received by August 5; \$330 thereafter.

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

#### Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

#### Contact

For more information about the program, contact: Andrea Novak, Ph.D., RN-BC, FAEN 910-678-7216/andrea.novak@sr-ahec.org

For information on program registration, call 910-678-7226.

## **Registration Form**

Form may be duplicated.

## CDE Prep Course CASCE #46521 / NU150813

Phone: 910-678-7226 Fax: 910-323-0674

**Inline:** http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=46521 ail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Name		Last 4 digits of SS#		
Certifications/Degrees	Specialty Area	Are you a	Are you an NCC?	
Employer	Job Title			
Work Address	City	State	Zip Code	
Home Address	City	State	Zip Code	
Phone (work)	(home)			
Email (primary)	(secondary)			
primary email replies as "undelive	or program communications. The secondary elerable." nents of upcoming SR-AHEC programs.	mail will only be use	ed if your	
Special Needs / Food Allergies				
Payment Information  ☐ Check (Make payable to SR-Al	HEC)			
☐ Mastercard / Visa #	rcard / Visa # Expiration Date (mm/yy)			
Name on Card	Signature			



 Office Use Only:
 Check Auth #\_\_\_\_\_\_ Date\_\_\_\_\_\_ From\_\_\_\_\_\_ Amount \$\_\_\_\_\_\_

www.sr-ahec.org 1601 Owen Drive • Fayetteville, NC 910-678-7228

